

How to be a

Sports

Instructor

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Meet Sam, a Swimming Instructor for Swimming Nature

Sam Hunt works for Swimming Nature, the UK's largest premium provider of swimming instructor tuition and coaching. He tells us a little bit about his role and what he does.

What does your role involve?

As a swimming instructor I am ensuring that those training to be a swimming instructors are completely competent to deliver high-quality swimming lessons. I also have to make sure that Swimming Nature swimming instructors are teaching the correct techniques to our students.



Average Salary:

£14,000 to £40,000

Weekly working hours:

39 to 41 irregular. You could work:
evenings / weekends / events

Future need for this role:

There will be 2% more sports
coaching jobs in 2025.

Industry:

Sports Coaching

How can young people get a job as a sports instructor?

Swimming Nature will give people a platform to progress and develop their own skill set. Teaching and learning never stops in our industry, with any job as a sports instructor there is always room for improvement and to better yourself.

What skills are required to make a good sports instructor?

Patience is very important. You need good communication and listening skills as you need to be able to effectively engage and connect with your students on a personal level to understand their goals. It is imperative you have the ability to self-reflect, you need to take the time to think about the way your teaching and how you can improve. Lastly, you need to have passion and motivation for what you do to be able to make your sessions fun and engaging. If your students are enjoying their session, they are more likely to learn and progress quicker.

One piece of advice for young people?

Always have confidence. Life is about being confident.