

Meet a

**Head of Academy**

**of Sports Science**

**careers**  
**in sport.**

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## Meet Kevin the Head of Academy Sports Science at Leicester City FC

Kevin spoke to us about his role, what his day-to-day routine consisted of and provided some brilliant advice to those trying to break into the sports industry.



### What does your role entail?

I line manage the provision of sports science and strength & conditioning support to all players and multi-disciplinary staff responsible for the age ranges of U9-U21, and liaising with all relevant senior team staff to ensure a seamless transition of academy player to senior team level. I co-ordinate and review the delivery of holistic fitness and personal lifestyle development educational program across all ages. I also provide a structured system of objective player and staff development to executive level management.

### What qualifications are important?

You'll need an undergraduate degree – be specific with choices if possible (learn what matters to your job not what fills a course outline) and maybe a post-graduate degree – choose a practical application course (know the in's and outs of work). Vocational Personal Trainer Awards (industry tricks of trade & people skills), High Performance Accreditations (earn your stripes) and coaching qualifications (to gain respect of peers but not question out of your subject area) are also very useful.

### What advice would you provide young people looking to establish a career in sports science?

Work experience and internships are useful, but only if it is a reputable qualification and CPD positive experience. Don't be afraid to ask questions – you only improve knowledge if you tap into people's past experiences.

### Average Salary:

£18,000 to £60,000 per year

### Weekly working hours:

39 to 41 irregular. You could work: evenings / weekends / bank holidays

### Future need for this role:

There will be 3% more sports science jobs in 2025.

Industry:

**Sports Science**