

CAREERS IN SPORT



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IN SPORT

Design a coaching session

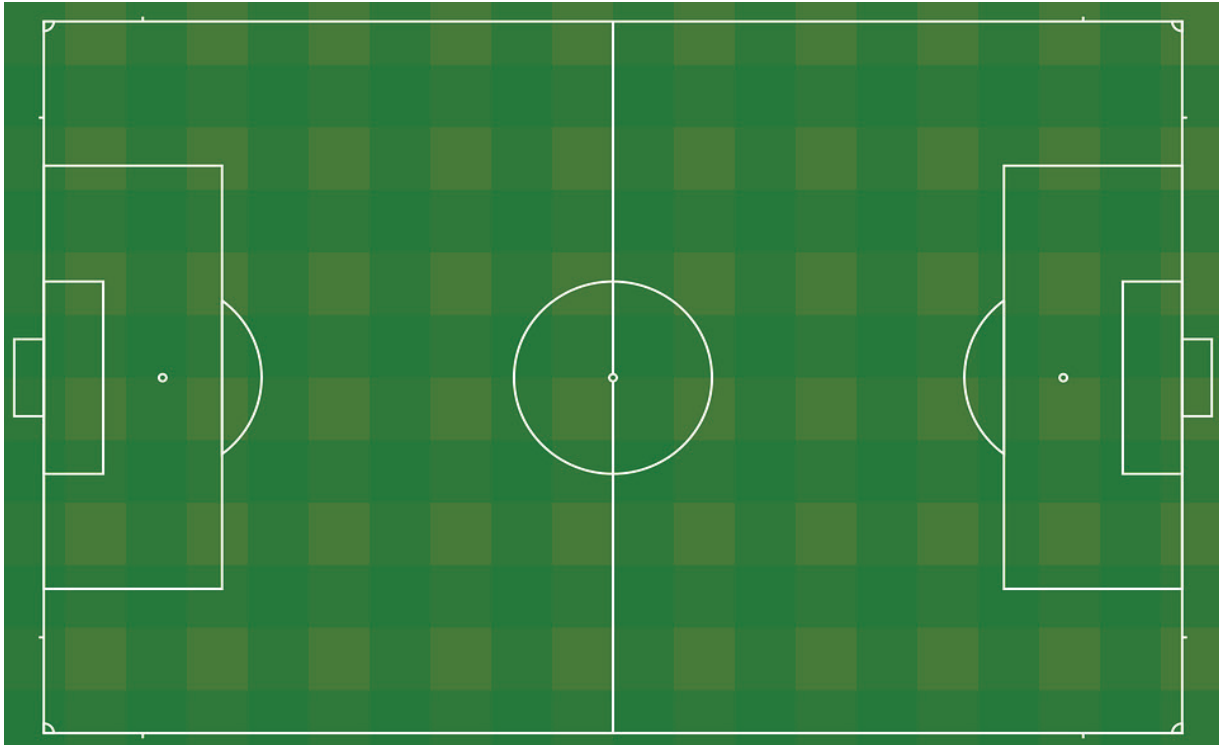
As a player or pupil often the 'game' is the part we love the most. Consider what kids would rather do: stand in a line waiting their turn to practise a skill, or play a game? Then consider how many more touches on the ball kids get in a small-sided game, how many decisions they make, and how many more chances they get to score.



TASK

Design a game for a sport of your choice. Decide the key area you are aiming to improve e.g. passing, shooting and use the sports pitches below to design your game.

Coaching session for children aged 6 years old



This game is trying to improve ...

Sports Media

The media industry is a fast-paced and evolving industry, the opportunities are limitless and constantly changing. From multiple platforms – print, digital, radio or television – to broader communications roles, working in sports media can be thrilling, and can take you closer to the action, and the athletes, at the world's biggest sporting events.

Social Media

Research shows that 43% of recruiters check the digital profiles of employees often.

Other surveys show the vast majority, upwards of 80%, look at least once at your social media account if you have applied for a job with them.

TOP TIP: Is there anything you would not want your Mum and Dad to see? Get rid of anything that does not pass that test!

List 5 job titles that you think might exist within sports media

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

Create a professional twitter account. Consider your twitter name, profile description, image and use keywords in your bio.

- Follow 5 job/career accounts
- Follow 10 accounts in your preferred career area e.g. sports coaching @_UKCoaching
- Follow people at your dream companies
- Use the hashtag search function e.g. **#jobs #sportsjobs #coaching #jobsinsport**



Careers advice- Soft Skills

Listing your skills and abilities is great because it tells the recruiter where your expertise lies.

However, to make yourself an outstanding candidate, support your claims with facts, figures and statistics wherever possible to prove your value.

For example, you may have 'worked with clients', but how many have you worked with? What did you do? What did you learn? What did you achieve? Do you have any testimonials?

Be as specific as possible with your claims and skills as results quantify your achievements and offer tangible reasons to invite you to an interview.

Communication Skills

Good communication will avoid conflict, build closer working or private relationships. It goes a long way to establishing a good decision-making process.

I demonstrated good communications skills _____

Leadership

Leadership is about understanding people, what makes them tick, thinking of effective ways you improve them and having trust in your team.

I demonstrated good leadership skills _____

Creativity

Creativity is the ability to produce or use original and unusual ideas. Creative people are forward thinking and innovative.

I demonstrated creativity _____

Applying for a job

“Take a look at the requirements listed in the job description and make sure that your CV addresses most of them. Assume that the job specification is the question and your CV is the answer” -CV Library

Job Description

Role: Activity Leader

Employer: Star Hotshots

Rate of Pay: £12.00 per hour

Activity Leader Requirements:

- Experience working with children
- Be well organised
- Demonstrate leadership skills
- Work effectively in teams and as an individual
- Maintain a professional approach to work
- A valid DBS is required



TASK

Look at the job specification for the Activity Leader role at Star Hotshots.

Do you meet the criteria to be able to apply for this role? Provide examples to support this?

Well organised:

Leadership skills:

Work effectively as a team:

Professional approach to work:

What does DBS stand for and why is it important to have a valid DBS?
